



In this issue:

- Hub Birthday
- Wellbeing Corner
- Hub News
- Study Tips
- Student Highlight
- Uni Calendar & News



2/12 Intercity Circuit,
Beenleigh, QLD 4207

beenleigh@busystudyhubs.com.au

1300 936 011

www.busystudyhubs.com.au



Hub Huddle

Happy Birthday, Study Hub!

5 August - Celebrating Our One-Year Anniversary...

What a fabulous first year it has been! Supporting 182 students from 38 different training providers, we are excited to reflect on the year and count our blessings.



Nic (Interim Manager) starting off our celebrations



Student Martin giving his perspective

What started as a new federal initiative has grown into a vibrant study community. It has been wonderful to see the Beenleigh Study Hub come to life over its first year.

In the past six months alone, we have delivered many hours of individual student support, celebrated students graduating, and seen students gain industry-relevant employment while continuing their studies.

Alongside this, we have hosted many events and workshops, morning teas, game nights and countless informal moments of connection. Most importantly, we have created a community where students support, encourage and celebrate one another.

Our first year has also brought some changes behind the scenes, including a change in leadership. As we look towards our next chapter, we are delighted to welcome Chrissie Keynes as our new manager. Read on to get to know her a little better! Together, we look forward to creating even more opportunities for our students to connect, learn and thrive.



Wellbeing Corner

We know more than we think

In today's world, it can be incredibly easy to feel overwhelmed and out of your depth. We have more information at our fingertips than ever before. The internet has made us very aware of just how much there is that we don't know.

But here's the thing: Count on what you have already learned and your ability to connect the dots. Count on your experiences, your observations, your mistakes, your conversations and the skills you've developed along the way.

Sometimes the most valuable knowledge isn't knowing every answer. It's knowing where to look, asking the right questions, recognising patterns and bringing different pieces of information together.

Our perspective is shaped by our unique experiences. Our knowledge doesn't have to be complete to be useful. So, when we find ourselves thinking, 'I don't know enough,' let's try adding one word: '...yet.'

We are all still learning (a process that will never end). That doesn't mean we have nothing to bring to the table: we already know more than we think.

Hub News

Introducing Chrissie – Our New Beenleigh Study Hub Manager

Hi I'm Chrissie,

I'm excited to be back supporting students to thrive in this higher education space. I worked for several years as the student counsellor at Griffith College, helping pathways students and international students' progress on to their 2nd year at Griffith University. I worked in their support team with the Student Learning Advisors and have a good knowledge of the higher ed sector.

I have a master's in counselling and have worked in many different workplaces as a counsellor. Alongside my counselling work, I facilitated workshops to management and HR across Australia with Challenge DV. More recently, I have come from managing the operations side of a high complexity NDIS company while also working as a contractor for two different counselling services (Employment Assistance Programs).

I love supporting neurotypical and 'neurospicy' students to find their groove with study and to work smarter and not necessarily harder! I have some good tricks up my sleeve, come and ask me! Before becoming a counsellor, I was a primary teacher for 18 years and taught in many different types of schools across Victoria, the N.T, W.A and Queensland. I've also taught French from year 2-8. Oui, c'est vrai! I'm looking forward to working closely with the students and community to continue building the study hub into the next phase.



Hub Services & Support

- Career Development
- Academic Skills
- Wellbeing Support
- Course Information
- Free printing
- Free hugs & cookies

Our Feedback Mechanisms

Your voice matters at the BUSY Study Hubs! Whether it's a compliment or concern, we're here to listen.

Share your feedback by:

- Talking directly with the relevant person.
- Reaching out to us via email or phone
- Using our feedback box

"YOU ARE BRAVER THAN YOU BELIEVE, STRONGER THAN YOU SEEM, AND SMARTER THAN YOU THINK."

A.A. MILNE

Student Highlight

Dr Ruth (Lute) Faleolo: Scholar, Educator, and Community Advocate

Mālō! I am an Aotearoa-born Tongan scholar of Fijian, Samoan, and Uvean heritage, based in Logan City, and globally connected.



My academic journey has spanned geography, development studies, education, and interdisciplinary social sciences, culminating in a PhD from The University of Queensland focused on Pasifika wellbeing and trans-Tasman migration. Throughout my career as an educator, researcher, and cultural liaison, I have remained committed to amplifying Pacific voices and advancing Indigenous and Pasifika knowledge.

I am currently studying towards a Public Health qualification majoring in epidemiological data analysis. My work is grounded in core values of reciprocity, relationality, and collective responsibility, shaping research that supports community wellbeing across education and health sectors.

For me, community is an important aspect of identity, belonging, and purpose. It is where knowledge is shared, strengths are nurtured, and future generations are empowered to thrive.

Study Tips

PLANNING YOUR MODULES. The simple rule for time management is:

Plan → Prioritise → Schedule → Study → Review → Adjust.

1. **Map the module:** list all topics, readings, assessments and due dates.
2. **Work backwards:** start with assessment deadlines and allocate preparation time before them.
3. **Break it into weeks:** assign specific topics/tasks to each week rather than “study Module 3”.
4. **Block your calendar:** schedule realistic study sessions around work and other commitments.
5. **Prioritise:** tackle urgent/high-value tasks first; don't spend equal time on everything.
6. **Set weekly goals:** choose 2–4 clear outcomes for each week.
7. **Build in catch-up time:** leave at least one study block each week unscheduled.
8. **Review weekly:** check what's done, move unfinished tasks and adjust the next week.

Last tip: Do not fill every available hour. A realistic plan you can maintain beats a perfect plan you abandon after two weeks

*“THE BEAUTIFUL THING ABOUT LEARNING IS THAT
NOBODY CAN TAKE IT AWAY FROM YOU.”*

B. B. KING

Opening Times

Our Hub is available for students from 6am to midnight, 7 days a week.

Staffed Hours are 9am-8pm Mon-Thu, 9am-5pm Fri

Connect with us



Calendar & Events

Tue, 8 Sept, 9:00 am	Logan Jobs Expo for Trades, Manufacturing, and Construction Industries	Marsden · Logan Metro Sports & Events Centre
9 Sept, 5-8pm	Game on! Hub Game Night w (Games & snacks provided)	Every 2 nd Wednesday with Game Master Martin
Thu, 17 Sept, 10:00 am	Early Childhood Workforce Connect (Employer Expression of Interest)	Beenleigh · KENG - Tudor Park Community Recreation Centre
Fri, 25 Sept 10-12pm	COMMUNICAKE – Morning Tea & Networking	Every last Friday of the month, no RSVP required

GRIFFITH RECHARGE WEEK – 7–11 SEPT

@ Logan on Tuesday 8 September, 10am–2pm, with live music, food, animal cuddles, massages, a workshop and other wellbeing activities



Logan

Tuesday 8 September

11am – 2pm

- Live Music
- Food Truck
- \$10 Food Tokens
- What's on giveaway – FREE Lolly Buffet
- Workshop – MYO suncatcher
 - Animal Cuddles
 - FREE Massages
- Clairvoyant readings
 - Red Bull
- Clothing Library

Brisbane South (Nathan)

Thursday 10 September

10am – 2pm

- Live Music
- Food Truck
- \$10 Food Tokens
- What's on giveaway – FREE Lolly Buffet
- Workshop – MYO suncatcher
 - Animal Cuddles
 - FREE Massages
- Clairvoyant readings
 - Red Bull
- Clothing Library

USEFUL FUTURE-STUDY ACTIVITIES @ QUT

- 1st September – Year 12 Advice Night (online)
- 8th September – START QUT webinar (online)



Link: qut.edu.au/study/events

1 September

[Year 12 Advice Night](#)

Find out about the five essentials for gaining entry to QUT in 2027 at our webinar for Year 12 students and parents on 1 September 2026.

When: 6:00pm – 7:30pm 1 September

Where: Online

3 September

[Guidance Officer Q&A Webinar](#)

Guidance officers and career advisers are invited to join QUT staff on Thursday 3 September 2026 for an interactive Q&A in the lead up to the QTAC offer rounds.

When: 9:00am – 10:00am 3 September

Where: Online

8 September

[START QUT Webinar](#)

Join us online on 8 September 2026 to find out about our START QUT program. Learn about what's involved, eligibility requirements and how to apply. Also, hear from past students about their experience in the program. Ideal for Year 11 students and their parents.

When: 6:00pm – 7:30pm 8 September

Where: Online

Impressum

Editor

Joline Shervey

Contributors

Joline Shervey

Chrissie Keynes

Ruth Faleolo

UQ RESEARCH & INNOVATION WEEK.

14–18 SEPT - Interesting for students in science, engineering, health and research-related fields.



- Research Real Talk - In-person event St Lucia Campus, 14 Sept 10–11am
- A Research Career Strategic Game - In-person event. 14 Sept 12–1pm
- Media Training for Graduate School - In-person event 14 Sept 1:30–3pm

And other sessions: research-support.uq.edu.au/week/program



Future of Work for Health and Care - In-person event

17 September 2026 10:00am–3:00pm

in [Research and Innovation Week 2026](#)

Hear voices from the field and join a world cafe workshop to design the future health and care workforce through innovation and research.